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Certificate of Analysis

Product Name: Plato®	Date: 07/16/19
Formula Code: VER-9002-F01	Lot: 40831
Finished Prod Code:	VER-9002-60ct-R02-L-V01
Packaging Type:	Bottle,150cc,Clear,PET,38mm neck,PZ Style; Box,14x14x14(universal); Capsule, "00",Nat/Nat,Vegetable; Package Bulk-Fit Accordingly; Cotton—16 gram; Desiccant (0.5 gram) Silica Gel; Plato,60ct,Label; Lid,38mm,White,Smooth,HSO,Flip Top Lid (full opening); Nband,38mm,Clear,No Print (66x25)SVP
Other ingredients:	Rice Powder, Hydroxypropyl Methylcellulose (Vegetarian Capsule), Magnesium Stearate (vegetable source), Silicon Dioxide

Product Physical Specifications

Items	Specification	Method	Results
Capsule Size:	"00"	Standard	Pass
Serving Size	2 Capsules	Formulation	Pass
Description:	Light Brown Powder with White Specks in a Clear Capsule	Visual	Pass
Average Total Capsule Weight:	824mg	Scale	Pass
Average Capsule Fill Weight:	704mg	Scale	Pass

Quantitative Label Claim Finished Product Testing:

Items	Specification	Method	Results
Bacopa Moniera Leaf Extract	≥300mg	*	Pass
L-Theanine	≥200mg	MQLTM-0198 By GC-FID	210mg
Rhodiola Rosea Root Extract	≥100mg	*	Pass
Ginseng Powder (27-30% Saponins, 20% Ginsenosides) Extract	≥60mg	*	Pass

*Verify in raw material control and in process manufacturing.

Heavy Metals:

Items	Specification	Method	Results
Lead	≤ 6mcg	MQLTM-0278 By ICP-MS	0.197mcg
Arsenic	≤ 10mcg	MQLTM-0278 By ICP-MS	1.464mcg
Cadmium	≤ 4.1mcg	MQLTM-0278 By ICP-MS	0.023mcg
Mercury	≤ 2mcg	MQLTM-0278 By ICP-MS	0.01mcg

Microbiological:

Items	Specification	Method	Results
Total Plate count:	<50,000 CFU/g	TM-01 (Modified USP61)	40 CFU/g
Yeast/Mold	<10,000 CFU/g	TM-01 (Modified USP61)	<10 CFU/g
Total Coliforms	<100 CFU/g	TM-01A (Modified USP62)	<10 CFU/g
Salmonella	Negative/10g	TM-01A (Modified USP62)	Absent
E. coli	Negative/10g	TM-01A (Modified USP62)	Absent
Staphylococcus aureus	Negative/10g	TM-01A (Modified USP62)	Absent

Signatures:

Ashley Ingber
QA Specialist II

09/19/19
Date

Thu Dinh
QA Supervisor

09/19/19
Date